



Presents our Fall 2010 Session:

Homeschoolers Wilderness Program

**Weeks of September 13th –
November 29th 2010**
(12 week session)

Our outdoor-based nature education program for 7-12 year olds, offers a holistic approach to skill-based activities. While working in small groups, we connect participants to nature on our 192 acres of forest land. Focusing on outdoor awareness & safety, leadership development, & physical and emotional well being, our facilitators engage the group in sustainable practices.

9:30am – 3:30pm,
Tuesdays & Thursdays

Cost:
1 day/session \$360/participant
2 days/session \$600/participant
Lunch not included.

To register or for more information,
please contact the centre at
613.839.1179,
programs@ecowellness.com

**WILDERNESS FIRST
AID**

**WILDERNESS
CHALLENGE
COURSES**

**ENVIRONMENTAL
AWARENESS &
UNDERSTANDING**

**OUTDOOR
COOKING & FIRE
TECHNIQUES**

**ANIMAL
TRACKING &
IDENTIFICATION**

**'LEAVE NO TRACE'
APPROACH**

**BOTANY AND
WILD EDIBLES**