



Day Programming Information:

About the Learning Centre:

The **Carp Ridge Learning Centre** is a registered charity organization. It is an educational facility for all ages whose main focus is promoting wellness concepts, alternative education topics, and skills for living in harmony with the environment.

Our Centre is home to 190 acres of forest land, as part of the **Carp Ridge EcoWellness Centre**. There is easy access to scenic walking trails, an outdoor eating area, an organic garden, overnight cabins, a yurt, and enormous opportunity for growth and discovery. The Learning Centre Building is a large, one-room space, is wheelchair accessible, and accommodates 25-30 people seated comfortably or exercise classes up to 10-12 people.

Our facilitators currently run programs in **Forest Pre-School, Youth Leadership, Families in Nature, and Wilderness Day Camps**, and look forward to designing more unique programs for you!

Programming Opportunities:

The **Carp Ridge Learning Centre** is inviting your students and group members to outdoor education day programs, which are specially designed for your interests and goals.



Our approach is in offering a unique opportunity for participants to explore, connect, and engage their interests in the outdoors at their own pace.

Your group will build teamwork and leadership skills through games and challenges, gaining confidence and connectedness with each other and the natural world.

Some of the programming offers topics such as:

- *Leave No Trace*
- *Wilderness First Aid*
- *Primitive Cooking*
- *Wilderness Challenge Courses*
- *Scavenger Hunts*
- *Outdoor Team Building Games*
- *Organic Gardening*
- *And Many Other Activities!*

These year-round programs can be designed for educational, spiritual, fitness, and team

building objectives. We accommodate for all age groups, community and business groups, or on an individual basis. The Carp **Ridge Learning Centre** can also be rented by groups and individuals for a variety of functions, or our facilitators can come to you!

Volunteer Opportunities:

The Learning Centre is always busy running programs and events. We offer volunteer opportunities for high school and university students, volunteer organizations, and individuals who are keen on learning and working in a natural outdoor setting, and want to gain valuable wilderness and leadership skills in the process.

Volunteers are welcome throughout the year, so contact us anytime to get started!

The Details:

The tranquil country setting offers quick access to the Ottawa metro area, located only 20 minutes from Kanata or Stittsville and 35 minutes from downtown Ottawa. Just outside of Carp village, it is also near Hwy 417, a major traffic artery from the Ottawa area and north through Arnprior.

We can work with your budget, after identifying the group size, scheduling, and program specifics.

To inquire or register for programming designed specifically for you, contact **Freya Struthers** at the **Carp Ridge Learning Centre** by phone or email;

Phone: **613-839-1179**

Email: programs@ecowellness.com

You can also check out the website at www.carpridgelearningcentre.ca

